Go-to Poses and How to Add Emotion or Movement

(much of these are inspired by Justin+Mary’s webinar class on Authentic Posing! Mary teaches that it’s not about how well they execute these commands, but rather how they look while trying! It’s about the people, not the pose!)

WALK

* walk towards me in step
* try to knock eachother over (hip check – thanks Jessica Oh photography!)
* now like you’re on a tightrope
* walk away from me, turn around like you realized you forgot something

WHISPER

* pull groom aside, tell him to whisper his favorite ice cream topping/Chinese food/etc. in his brides ear
* have him kiss brides cheek while she is laughing and looking at camera

PROTECTOR

* wrap her up like she’s cold
* promises to eachtoher (ours are: I promise to put the Tupperware away if you promise to refill the toilet paper!)

DANCE

* show me your first dance (bonus points if they will sing the song to eachother!)
* now like you’re in 7th grade at a middle school dance
* Beauty and the Beast!

AMERICAN GOTHIC

* side by side, arms linked, the bouquet is the “Pitchfork”
* now sway
* look at eachtoher and scream “we’re married!”

FOREHEAD TOUCH

* close your eyes, then touch foreheads
* tell eachother something you are most looking forward to in marriage

SLOW KISS

* who can come in for a kiss the slowest?
* who can touch eachother’s cheek the lightest?

INDIVIDUAL PORTRAITS

* count the roses in your bouquet
* look at that tree and count the branches

BRIDAL PARTY

* let me see your dance as you come into the reception
* link arms, walk towards me, and make faces at eachother